**Tonsillitis Guideline (>18yrs)**

**Assess post analgesia**

Able to swallow fluids and haemodynamically stable?

**Refer to ENT**

NO

YES

NO

YES

Give:

* IV paracetamol 1g
* IV dexamethasone 4mg
* IV abx (refer to trust policy)
* IV fluids if significant dehydration

**Any of the following present?**

* Immunocompromise
* Diabetes
* SOB
* Clinically significant dehydration
* Shock/Sepsis
* Peritonsillar abcess (Quinsy)
* Pain out of proportion to clinical findings or significant pain with no evidence of tonsillar/pharyngeal inflammation

**Discharge**

* Paracetamol 1g QDS for 3 days
* Naproxen 250mg TDS for 3 days
* Difflam gargles
* Antibiotics if indicated - Penicillin V 500mg QDS for 7 days (or alternative)

Give (soluble where possible):

* Paracetamol 1g
* Naproxen 750mg
* Prednisolone 40 mg
* Difflam Gargles/Spray
* Oral fluids
* Prescribe antibiotic – If CENTOR score 3 or 4, marked systemic upset, increased risk of severe infection (eg diabetes, immunosuppression),or valvular heart disease

Penicillin V 500mg (or alternative)

YES

NO

**At Triage**

Record observations

If signs of airway compromise or shock move to resus area and get senior help.

**Able to swallow?**