Stroke Prevention (TIA) Clinic - Patient Information

Your symptoms may have been caused by a Transient Ischaemic Attack (TIA)



A TIA is sometimes described as a 'mini stroke,' which may occur due to a blockage to the blood flow to a small part of the brain

The symptoms can be similar to those of a stroke but they last from a few minutes up to 24 hours

Some of these symptoms include arm or leg weakness, difficulty thinking of words, speaking and understanding others, or a sudden onset of difficulty with vision or balance

Why should you be urgently seen by a specialist?

Untreated, there is a high risk of stroke following TIA, sometimes as high as 1 person in 8 in the following week

We can greatly reduce this risk through timely assessment and treatment

URGENT

If your symptoms were not caused by a TIA, this will also help you find out what happened as soon as possible

What happens next?

Your doctor will give you **aspirin** (or a similar medication if you are allergic to aspirin) straight away and will arrange a supply for you to continue until you attend the TIA clinic.

If you are already on medication to reduce your risk of heart disease, you should carry on taking this.

You will be referred to see a **stroke specialist for some tests and investigations**. They will try to arrange everything on the same day, so this may take some time. To make sure you are seen quickly, **this may not be at your nearest hospital**.

You will also get advice on how to reduce your risk of stroke and can ask questions.

It is not safe for you to drive until you have received advice from the specialist

Please ring 999 if you have the same symptoms, or similar symptoms, before your clinic appointment