

Suicide Risk Assessment in Overdose/DSH

Name:

Hosp No:

D.O.B:

- All patients who attend with OD / DSH should have a suicide risk assessment carried out.
- All patients <16 must be assessed by CAMHS
- All patients should be offered Mental Health team input
- All patients ≥65 years presenting with DSH/OD must be referred to the Mental Health team. (NICE 2004)

| | |
|---|----------|
| Does the patient consent to Mental Health Assessment +/- treatment? | Yes / No |
|---|----------|

| | |
|---|--|
| Medical treatment may comprise of: (brief description) | |
|---|--|

| | | |
|---|---|----------|
| Capacity assessment (circle appropriate response) Has capacity? Yes / No | Understand risks? | Yes / No |
| | Believe the information? | Yes / No |
| | Retain the information? | Yes / No |
| | Weigh up/and make and communicate a decision? | Yes / No |

Suicidal intent

| | |
|--------------------------------|----------|
| DSH / OD alone | Yes / No |
| Preparation not to be found | Yes / No |
| Suicide note / text / email | Yes / No |
| Planned attempt? | Yes / No |
| Violent method eg. Hanging | Yes / No |
| Previous OD / DSH? | Yes / No |
| Did they want to die? | Yes / No |
| Did they think they would die? | Yes / No |
| Do they still want to die? | Yes / No |

Brief Mental State Examination

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|--|--|
| Appearance | |
| Behaviour | |
| Speech | |
| Mood (specifically ongoing suicidal intent) | |
| Thought | |
| Perception | |
| Cognition | |
| Insight | |

SAD PERSONS score

<6 May be safe to discharge (depending on circumstances).

6-8 **Requires** Mental health team review

>8 Possibly requires hospital admission, **requires** Mental Health team review.

Do not use the SAD PERSONS score alone to decide upon discharge.

Refer to Mental Health team if psychotic, major depressive or manic symptoms found.

OVERALL IMPRESSION OF RISK: HIGH / LOW

| | |
|--|---|
| S – male sex | 1 |
| A - age <19 or >45 | 1 |
| D – depression / hopelessness | 2 |
| P - previous self harm / psychiatric care | 1 |
| E - ethanol use | 1 |
| R - rational thinking loss | 2 |
| S – single / widowed / divorced | 1 |
| O - organised attempt | 2 |
| N - no social support | 1 |
| S - stated future intent | 2 |
| TOTAL | |