

ADVICE CARD FOR CHILDREN

Sedative Medicine



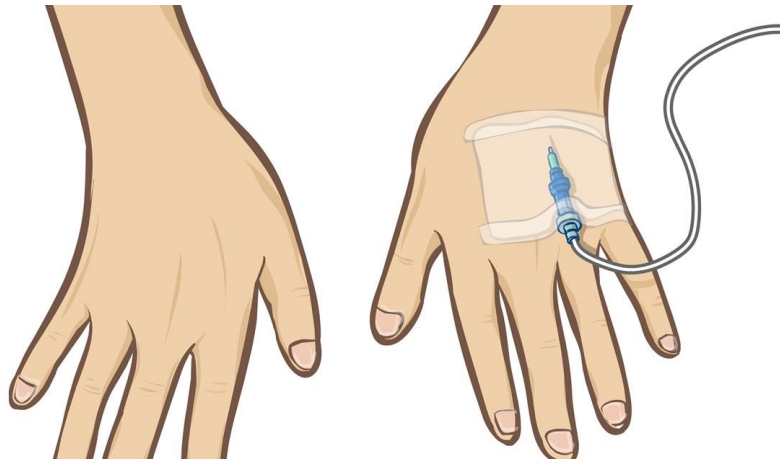
**ACCIDENT & EMERGENCY
DEPARTMENT DISCHARGE
ADVICE**

Sedation advice:

This leaflet contains discharge advice following your attendance to the Accident & Emergency Department (A&E) or Urgent Care Centre (UCC).

During your time in A&E your child was prescribed and given a sedative. This may have been for a number of reasons. This will be discussed further with you at the time of examination and administration of the sedative drug.

Sedation is not the same as general anaesthetic. It will make your child very sleepy, relaxed and reduce their anxiety. This could be for a procedure or specific treatments. The sedation will be given through a drip usually in your child's hand or arm.



Seeing your child sedated or un-naturally put to sleep can be emotional and upsetting for both parents and families. You have to remember this is to provide the best care and speediest recovery for your son/daughter.

Sedation is usually short acting. Your child will be observed for a period of time after the sedation was given and after your son/daughter wake until they have fully recovered.

Sedation aftercare – What you could expect:

Drowsiness:

Sedation medicines can have a 'hang over' effect which leaves children drowsy for a short time afterwards, it also minimizes their memory of the event. The medicine can make your child irritable, this should not last long and disappear after a good night's sleep. Supervise your child until the day after, the medicine can increase the risk of accident.

Thirst/appetite:

The medicine can make a child thirsty. Extra fluids may be required. Your child appetite may increase or decrease for up to 24 hours. There is no need to worry about this. If your child does not want to eat encourage plenty of oral fluids. This will all get back to normal soon.

Sleep:

The normal sleep pattern can be disturbed by sedation medicines. Your child may sleep through the night or may wake up in the middle of the night. If you encourage their normal daily routine the day after, your child's usual sleeping pattern should return to normal in the next day or two.

Medication:

If your child take regular medicines or requires further medicines please discuss this before you leave the accident and emergency department.

If you have any concerns please attend your local Accident & Emergency department.

PLEASE CONTACT US FOR FURTHER ADVICE

**Fairfield General Hospital – 0161 778 2896 / 0161 778 2891
Rochdale Urgent Care Centre – 01706 517302 / 01706 517799
North Manchester General Hospital – 0161 720 3623 / 0161 720 2617**

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